

# Weekly Class Review

DATE 03. / 20. / 25. CLASS: Artistic Expressions 2, Thursday 10 - 11 am

**CLASS THEME:** "Rolling Together: Partner Skating Unlocked"

## I. WARMUP & REVIEW

Power bubbles & slalom edges  
T-stop lunges & power pushes

Review: 2-beat stroking, open "C" Turns

### **Instructor:**

Linda Sewell

### **Skating Discipline/Type:**

Intermediate Artistic Dance

**Class difficulty:**   
(1 star = not difficult; 5 stars = very difficult)

## II. SKILL PROGRESSION

Discussion of partner positions for forward and turning dances  
Using Side B position, partner in the skating of the Glide Waltz  
Advanced skaters will learn rotational turning with a partner for 2-beat "C" turns

### New Skills:

Facing "Closed" partnering position with a partner  
Demonstration of the back-cross-turn with change of partner position

### **Key Skills Learned:**

- Partner positions for artistic dance
- Shoulder rotation in circular "C" turns
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### **Practice Notes:**

STYLING SUGGESTIONS: